

## ACET Curriculum Map PSHE

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Term 1</b>	1 Making new friends	1 Why attendance matters	1 Why attendance matters	1 Managing resilience	1 Impact of drugs and alcohol
	2 What is PSHE	2 Setting goals - careers	2 Mental health - anxiety	2 Introduction to work experience	2 Readiness for sex
	3 Attendance	3 Healthy eating	3 Happiness	3 Skills in the workplace	3 Unwanted pregnancy
	4 Bullying	4 Self harm	4 Sleep	4 Mental health in the work place	4 Abortion
	5 Protected Characteristics	5 Knife crime	5 Grief and loss	5 SEMH	5 Adoption
	6 British values	6 Alcohol and addiction	6 Peer pressure and conflict management	6 Challenging mental health stigma	6 Miscarriage
	7 Assessment	7 County Lines	7 Managing risk - CSE	7 Equality and Equity ( LGBT)	7 Parenting
<b>Term 2</b>	1 FGM	1 Consent and intro to pornography	1 What is the economy	1 Extremism and tolerance	1 Virginity and hymoplasty
	2 Basic First Aid	2 Sextortion	2 Personal finance - being responsible	2 Honour based violence	2 Cosmetic / aesthetic procedures
	3 Prevention of infections	3 Employability	3 Online scamming	3 Social Media & Conflict / Mob Mentality	3 Managing finances
	4 Oral health	4 What is an entrepreneur	4 Deep fakes	4 Sharing explicit material online	4 Post 16 options
	5 Puberty - male	5 Saving and managing money	5 Relationships in the media	5 Incels	5 Fraud and money laundering
	6 Puberty - female and menstrual issues	6 Online financial scams	6 Diverse relationships ( LGBT)	6 Fertility and menopause - gynaecological	6 Government spending
	7 Assessment	7 Assessment	7 Assessment	7 Assessment	7 Assessment
<b>Term 3</b>	1 Different careers and skills	1 Eating disorders	1 Gender stereotypes	1 Coping with burnout	1 Cannabis edibles / Snus
	2 Challenging stereotypes - LGBT	2 Misuse of social media	2 Misogyny	2 Checking for cancer - health support	2 In equalities of power in relationships
	3 Aspirations for the future	3 Cyber bullying and trolls	3 Harmful sexual behaviours	3 Contraception recap - STIs / HIV	3 Rape / strangulation
	4 Morrisby lesson	4 What is masculinity?	4 Coercive control	4 Addiction	4 Drink spiking
	5 Keeping safe - water	5 Sexism and gender	5 Pornography and our brains	5 Sexual harassment and the law	5 Revenge pornography
	6 Keeping safe roads and rail	6 Prejudice and discrimination ( LGBT)	6 CCE	6 Harassment and stalking	6 Suicide prevention
	7 Assessment	7 Assessment	7 Assessment	7 Assessment	7 Assessment
<b>Term 4</b>	1 Diverse and changing families - LGBT	1 Caffeine and energy drinks	1 Online appearance	1 Social media and reality	1
	2 Positive relationships	2 Prevent	2 Drugs and the law	2 Sharing online images	2
	3 Marriage (LGBT)	3 Hate crime - Islamophobia	3 Snapchat	3 Consent / domestic violence	3
	4 Divorce	4 Transphobia / homophobia	4 Eating healthily on a budget	4 Sexual violence	4
	5 Assessment	5 Assessment	5 Assessment	5 Assessment	5
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<b>Term 5</b>	1 Eating well	1 Pathways after Y11	1 Using health services	1 Harassment in the workplace	1
	2 Managing influences - vaping/ smoking	2 Apprenticeships	2 Grooming and exploitation - illegal online	2 Budgeting money	2
	3 Managing influences - drugs	3 Applying to University	3 Violent behaviour - first aid	3 Mortgages	3
	4 Alcohol	4 Becoming self employed	4 County lines - developed from Y7	4 Gambling	4
	5 Life online - AI and the real world	5 Communication skills	5 Vapes - illegal, synthetic and cannabis	5 Career progression / work experience	5
	6 Assessment	6 Assessment	6 Assessment	6 Assessment	6
<b>Term 6</b>	1 Savings loans and interest rates	1 Mental health and wider world	1 Anti social behaviour	1 Work experience	1
	2 Budgeting	2 Saving and managing money	2 Why is volunteering important	2 Rights and responsibilities at work	2
	3 Debt	3 Consumerism	3 Damaging stereotypes 1	3 Reflecting on work experience / career identity	3
	4 Online safety - grooming	4 Preparation work shadowing	4 Damaging stereotypes 2	4 Summer safety	4
	5 Wants and needs	5 Medicinal drugs	5 Avoiding debt	5 Tattoos and piercings	5
	6 Fake news	6 Bereavement and loss	6 LMI	6 LGBT misinformation - media	6
	7 Assessment	7 Assessment	7 Assessment	7 Assessment	

Assembly / drop down ideas Year 7	Assembly ideas Year 8	Assembly ideas Year 9	Assemblies / drop down Year 10	Assemblies / drop down Year 11
Dealing with worries	Resisting pressure	Contraception - demonstrations - PSHE DAY	Online misogyny	Stress and emotional wellbeing
Cyber bullying	Grooming	Healthy and unhealthy friendships	Mental health - alcohol and drugs	Relation and Mindfulness
Tolerance	Sharing nudes	Swearing and bad language	Quitting vaping / smoking	Forced marriage
Consent and personal space	Toxic friendships	Careers and post 16	Impact of gambling	Money and work
Time management	Personal safety in public	Making the right GCSE choice	Victim blaming	Payslips
Money and opening bank accounts	Life saving skills/ CPR	Mental Health coping strategies	Loneliness	Impact of alcohol on weight
	Homelessness	AI extra session - changing world		