

Energy Advice And Support

As energy bills continue to grow, why not try a few simple changes to try and save some money this season. All of these actions can help you to save money on your energy bills, whilst still keeping your home nice and warm.



TAKE ACTION

	£	CO ₂
Turning off unused appliances	Up to £65	Approx 37kg
Only washing at 30°C	Up to £34	Approx 19kg
Switching off lights	Up to £25	Approx 14kg
Swapping one bath for a shower (per week)	Up to £20	Approx 36kg
Shortening showers to 4 mins	Up to £95	Approx 170kg
Cutting one dishwasher cycle (per week)	Up to £17	Approx 10kg

For **free, confidential** advice, please contact YES Energy Solutions on **03301 359 110** and quote 'AYG1'. Their helpful team are on hand to help you keep your home warmer, navigate your bills, manage your finances and access any additional support that is available.

SCAN ME... To discover whether you're eligible for home improvements.



Working in partnership with:



HIGHAIMS



Say YES to lower energy bills

Open your camera and scan the QR code to go directly to our home energy assessment form. For more information, please contact info@achieveyourgoalscic.co.uk