



# Aston Academy

## Specialising in Maths & Computing

**Principal:** Mrs A Saeed BSc (Hons) PGCE  
**Executive Principal:** Mrs R Hibberd BEd (Hons), MA  
**CEO:** Mrs R Scutt BSc (Hons) PGCE

**Vice Principals:**  
Mrs C Wilson BA (Hons) PGCE  
Miss C Anyon BA (Hons) PGCE

Aughton Road  
Swallownest  
Sheffield  
S26 4SF

**Tel:** 0114 2872171  
**Fax:** 0114 2876359

**E-Mail:** [info@astonacademy.org](mailto:info@astonacademy.org)  
**Web:** [www.astonacademy.org](http://www.astonacademy.org)



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Dear Parents & Carers,

At Aston Academy, we have high expectations of standards for each and every student, which we believe will support them to fulfil their true potential and be exceptional. We value the school-parent/carer partnership and the support you provide the PE Department enormously. We therefore are asking for your support with regards to behaviour and expectations within Physical Education.

The PE faculty are very proud of all our achievements over the years, having large amounts of sporting successes from our extensive extracurricular program. A large part of our success has been through the contributions from your child in their PE lessons. In many cases, students come dressed in Aston PE Kit and ready to participate in PE, however for those who don't bring their kit there are health and safety as well as hygiene issues that we must address.

### 1. Kit required for PE lessons

As detailed in the Aston Academy Uniform policy, all students must wear the below PE kit for lessons without exception. If your child has a medical reason they are unable to wear the below kit, please discuss this with their PE teacher and an agreement/time frame will be put in place. Medical evidence may be needed.

#### PE kit requirements for all lessons

- Black Aston logo t-shirt and Black Aston logo ¾ zip training top
- black shorts/tracksuit bottoms/leggings
- Sports trainers.
- Black football socks

**\*\*School shoes should never be worn within a PE lesson as this can increase the risk of injury\*\***

Additional requirements for some lessons could be: all students will require a pair of football boots that will be needed on many occasions for a number of sports including: football, rugby and rounders. A pair of football boots are essential as with the type of weather we receive during large parts of the year the field can be very slippery and football boots make performing on the field much safer.

Inclement weather requirements – Additional layers can be worn underneath their Aston logo PE kit, please ensure your child is dressed appropriately for their timetabled lesson. Outdoor lessons do take place in winter. A plain black sports rain jacket can also be worn over the top of their Aston logo PE kit if the weather permits.

### 2. Injuries and medical issues

It is a National Curriculum requirement and therefore compulsory for all students to take part in PE lessons throughout their secondary education. If your child is in school, they will participate in practical PE lessons within their timetable. If your child is feeling unwell, as in all lessons, we encourage them to discuss this with their teacher, however they will not be excused from taking part. All students attending school on a PE day are expected to bring their PE Kit and make progress in their practical PE lessons. Refusal to take part in a PE lesson will result in a C3, in line with academy policy.



**All adults in school have a responsibility to safeguard and promote the welfare of children**

If your child has an injury, please write a brief note in their planner in the weekly notes section, giving relevant details. The teacher will then make a decision about any practical modifications needed during the lesson. Teaching staff will not be able to discuss this on the phone with you during the lesson, or accept a text message on a student's phone- please can I ask for your support in this matter. Regardless of injury, students are expected to attend their timetabled practical PE lesson and get changed into PE kit. In a very specialised number of cases modifications will be put in place in discussion with the Year Team.

### **3. Expectations during the lesson if your child has forgotten their PE kit**

If your child does not bring a PE kit, they will be provided with one from their teacher with the expectation that they wear it for their lesson. All kit is laundered twice daily. Refusal to wear PE kit will result in a C3, in line with academy policy.

### **4. Jewellery and valuables**

All jewellery should be removed in the changing rooms and placed in the valuables area locked away. Additionally long hair should be tied up limiting any health and safety concerns. It is the student's responsibility to hand in any valuables at the beginning of a lesson and collected at the end. The academy will not be responsible for lost items if this has not been done.

Thank you for your support in maintaining high standards in PE lesson.

If you do have any questions, please don't hesitate to contact your child's PE teacher via [P.E@astonacademy.org](mailto:P.E@astonacademy.org)

*Kind regards,*

**Mrs Miller**

**Head of PE, Health & Social Care and Music**