

Dear Parent/Carer,

### **Rotherham Lifestyle Survey 2023**

During the summer term Year 7 and Year 10 students from all comprehensive schools, students attending pupil referral unit or students who are electively home educated will be given the opportunity to take part in the annual Lifestyle Survey 2023. Young people will have the opportunity to complete this survey in school from Monday 12<sup>th</sup> June to Tuesday 18<sup>th</sup> July. It is not mandatory for schools to offer this, but it is highlighted by Ofsted as good practice.

This is an important survey co-created with young people, professionals in children, young people services, Rotherham Public Health Team, and voluntary sector. The main aim of the survey is to help evaluate pupils' views on their own health and well-being.

The lifestyle survey contains questions relating to healthy lifestyles, for example, healthy eating, safety, physical activity and for **Year 10 only pupil's** questions around relationships and sexual health. The questions around sexual health are optional and do not have to be answered if any young person does not wish to do so.

The survey is undertaken online, and it should take around 20 to 25 minutes to complete. **Students will be given the opportunity to complete this in one of their RPE lessons before the end of term.** *Pupils will not be asked for their names or class details, so information remains anonymous and confidential.*

The information is collated and analysed centrally and then will be used to produce a borough wide report to show what young people of Rotherham are saying.

Outcomes from the survey helps improve services, focus resources, and support the inspection process of Rotherham's Children and Young People's Services and Public Health. Schools are using these results to help shape personal, social & health education (PSHE) curriculum. Each school's individual result is confidential to their school only; no individual school data is shared.

If you have any queries regarding the survey, please contact the school directly in the first instance. The school will have an available copy of the survey if you would like to view the questions.

May we take this opportunity to thank you in anticipation of your support of this important piece of consultation with young people of Rotherham.

Yours Sincerely,



Strategic Director of Children and Young People's Service