



# Health and Social Care



Health and Social Care refers to a complex network of actions, relationships and policies within various healthcare, social care and childcare settings. It is one of the most popular Post 16 courses at Aston Academy and leads onto a range of degree courses.

## Topics you will study

**Principles of Health and Social Care (Exam):** Equality, Diversity, Rights, Hazards, Legislation, Best practice

**Anatomy and Physiology for Health and Social Care (Exam):** Cardiovascular system, Respiratory system, Digestive system, Musculoskeletal system, Control and regulatory system, Reproductive system

**Person-centred Approach to Care:** Person-centred approach, Meeting needs and providing support, Communication skills

**Supporting People with Mental Health Conditions:** Definitions, Mental health conditions, Provision of services, Treatment and support

**Supporting People with Long Term Physiological Conditions:** Long term physiological conditions, Monitoring and treatment, Impact of conditions, Supporting individuals

**Supporting Healthy Nutrition and Lifestyles:** Dietary and activity needs, Factors that influence dietary choices and physical activity levels, Supporting Individuals

## Why study this subject?

- You will develop key knowledge, understanding and skills, relevant to the subject
- You will think creatively, innovatively, analytically, logically and critically
- You will develop valuable communication skills that are important for further study and life
- You will develop transferable learning and skills, such as evaluation, planning, presentation and research skills, that are important for progression to HE and real-life contexts and work situations
- You will develop independence and confidence in applying the knowledge and skills that are vital for progression to HE and relevant to the health and social care sector and more widely

## Why study this subject at Aston?

- Excellent results.
- A strong, supportive and dedicated teaching team who have many years' experience delivering HSC.
- Smaller class sizes than college allowing for more personal support and tailored intervention to allow you to achieve your target grade.
- Opportunity to apply skills as part of work experience.

## Assessment

Your grade will be based on the following assessments completed across Y12 and Y13:

- 2 Externally assessed units, which focus on subject knowledge and understanding
- 4 Applied or practical non examined assessment units (NEA)

## Links particularly well with these subjects

Biology, Sociology, English Language and Literature, Psychology, PE and Sport

## Entry requirements

Grade 4 in Mathematics and English Language.

## Useful for careers in....

Health and Social Care is especially helpful for the following careers: Psychologist, Psychiatrist, Midwife, Nursing, Counsellor, Paramedic, Human resources, Teaching, Social work, Physiotherapist and Carer.